Inclusive language we use to honour people’s sexual orientation and gender complexities in families, based on the bodies, identities and creativity of our communities:

**Reproduction**
Person with sperm
Person with eggs
Person with a uterus
We all come from egg, sperm and a place to grow.

**Pregnancy and Birth**
Pregnant person
Person who gives or gave birth / Birthing Parent
Pregnancy Leave (vs Maternity Leave)
Parental Leave (vs Paternity Leave)
Carrier Mortality (vs Maternal Mortality)
Birth Canal (vs Vagina)
Chest Feeding / Breast Feeding (vs just Breast Feeding)
Human Milk (vs. Breast Milk)
Bottle Feeding
Infant Nutrition

**Third Party Reproduction (Surrogacy/IUI/IVF/ICSI)**
Intended Parent/s
Sperm Donor (known or anonymous)
Egg Donor (known or anonymous)
Sperm Provider (an Intended Parent whose sperm is used)
Egg Provider (an Intended Parent whose egg is used)
Embryo Donor/s
Person who carries the child / Gestational Carrier / Traditional Carrier

**Adoption**
First Family (Biological Family)
For Now Family (Foster Family/ies)
Forever Family (Adoptive Family)
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Children
Gender Independent / Gender Non-Conforming / Gender Creative
a term, currently applied to children, that really reflects anyone’s learned fear and shame about a child (or adult) whose interests, behaviours or emerging identities do not conform to a rigid and limited notion of permissible gendered behaviours based on how that person/child’s sex was diagnosed at birth (in current Western cultures, usually only female or male based on the natal appearance or surgical manipulation of genitals)

Children (vs boys and girls)
Child (vs daughter or son)
Sibling (vs sister or brother)
Nibling (vs nephew or niece)

Families
Sparkle (an older beloved one, e.g. vs Auntie or Uncle)
Sparkling (a younger beloved one)
Spuncle (a known sperm donor in the child’s life: sperm + uncle)
Spauntie (female-identified partner of a Spuncle)
Grand Spuncle / Grand Sparkle (parent/s of the Spuncle)
Polycule (number of romantically linked adults: polyamory + molecule)